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Headteacher: Mrs. Jen Fraser, B.Ed. (Hons), NPQH

Thursday, 13<sup>th</sup> November 2025

### Year Four Swimming Lessons

Dear Parents and Carers,

As part of the national curriculum requirements for Physical Education, Year Four will be starting their statutory school swimming programme in the Spring term. The swimming lessons will be held at Aqua Vale Swimming & Fitness Centre and will commence when children return to school after the Christmas break until the week commencing **Monday, 23<sup>rd</sup> March**. To confirm, lessons will take place on the following days.

Rowan – Tuesdays

Ash – Wednesdays

Walnut – Thursdays

It is necessary to ask you to make a contribution towards the cost of transport, being £22.92 for **Spring 1** and payment should be made via Arbor, within the clubs section. If your child is eligible for Pupil Premium, your allocated funding can be used to pay for the travel. Please make payment by **Sunday, 4<sup>th</sup> January**.

Your child will be required to bring the following:

- Swimming costume (one piece swimming costume, not bikini) or swimming trunks/shorts
- Swimming cap (compulsory)
- Goggles (optional but must be British Standard Institution (BSI) goggles which includes brands such as Speedo or Zoggs.)
- Towel
- Named bag to put their wet towel and costume in

We fully understand that children do get illnesses and sometimes are not quite themselves; that said, if a child is well-enough to come to school and participate in their other lessons, and take part in break and lunchtime, we will assume that they are well enough to take part in swimming. Should a child be that unwell that they are not able to take part in such activities, then parents/carers should consider whether their child is well enough to come to school or be absent to allow them to recover.

We do however recognise that there may be occasions when pupils may not be able to participate in swimming due to exceptional medical reasons – e.g., children having physical injuries or other medical conditions. If you believe your child should not be taking part in swimming, then you are required to contact Ms. West, our Attendance, Safeguarding and Family Liaison Officer, via email to [medical@greenridgeacademy.co.uk](mailto:medical@greenridgeacademy.co.uk) by 8.30am on the day the lesson is due to take place.

Yours faithfully,

*J. Fraser.*

Mrs. Jen Fraser  
Headteacher