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Headteacher: Mrs. Jen Fraser, B.Ed. (Hons), NPQH

Thursday, 5th June 2025

Year Six – Summer Term Workshops

Dear Parents and Carers,

As a school we recognise that this half-term is an incredibly important one for your children and it subsequently involves various approaches to support their transition to secondary school. Our PSHE lessons primarily focus on what transition might look like (and feel like) and we aim to equip them with as many strategies as possible to help them adjust to their new settings. There will also be some changes to their typical routine, and they will complete a range of scenario-based activities. For example, new expectations for lining-up after the lunchtime whistle sounds, finding rooms around school from a given map, and more opportunities to complete tasks across the two classes. From next week, the children should also have their PE kit in school every day as the weekly timetables will be frequently changing. If they fail to have it, this will result in them missing out of the PE lesson and having to catch-up in during a break or lunchtime. PE kits may be taken home every Friday at the child's request.

Over the coming weeks, if they haven't done so already, the children will have a visit from one of their new school leaders and, as you know, they will also go to their new school for at least one transition day at the start of July. As well as this, the school has organised a handful of workshops. These include: 'Say No to Smoking and Vaping' on Monday, 16th June; an hour-long transition workshop from a Bucks Mental Health Team expert on Wednesday, 18th June; and an 'Empower and Challenge Behaviour' workshop delivered by an expert from Hazard Alley on Wednesday, 9th July. Year Six will also take part in transition games at The AVA on Wednesday, 25th June. The general focus of the three workshops can be found below:

- ***Say No to Smoking and Vaping*** - this is delivered by a local doctor from the community who currently offers the workshop to another local primary school. The main content will focus on the dangers of smoking/vaping and will also cover 'addiction'. There may be some references to alcohol. These things are covered in our PSHE curriculum and will act as a revisit from an expert in preparation of the children transitioning to secondary school.
- ***MHST Transition Workshop*** - this is delivered by an expert and will recap what Year Six are currently learning about in class: the main changes from primary education to secondary, feelings they may encounter, and, most importantly, what strategies they can use to help them overcome any fears and anxieties.
- ***Empower and Challenge Behaviour Workshop**** - delivered by an expert from Hazard Alley, the children will have just over an hour-long workshop and the content breakdown can be found at the end of this letter.

We aim to continuously support your children with their upcoming transition and thank you for your support. Should you have any questions, please contact Mrs. Cole or myself.

Yours faithfully,



Mr. Tom Arnold
Assistant Headteacher

Empower and Challenge Behaviour Workshop -*

- Briefly examine gender stereotypes and consider how these can be harmful to both boys and girls
- Define 'gender-based harassment' in an age-appropriate way (unwanted attention / intimidating behaviour that can occur in public places such as comments about somebody's body or appearance, unwanted touching, sexist comments or jokes) and consider how it can make people feel.
- Students consider how some examples of behaviour that can be quite normalised amongst young peers (commenting on body changes in puberty, unwanted touching and inappropriate language) can make people feel. They will be given some strategies and phrases for 'calling it out' if they see or hear their friends doing these things.
- Recap the concept of 'bodily autonomy' and that our body belongs to us (we reference the NSPCC 'PANTS rule' as many students remember this from lower down the school).
- Students are reminded that if their body boundaries are broken it is never their fault. They will be signposted to where they can go for help if they ever feel unsafe.
- Watch a video which explains consent in an age-appropriate way and normalises asking for permission before we enter somebody's personal space i.e. to give them a hug.
- Through a scenario-based activity students will consider words, body language and context to decide if there is consent or not for situations involving hugs, holding hands and kissing.