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Headteacher: Mrs. Jen Fraser, B.Ed. (Hons), NPQH

Tuesday, 29<sup>th</sup> April 2025

### Relationships and Sex Education

Dear Parents and Carers,

As we approach the second half of Summer Term, I am writing to update you on our Relationships and Sex Education (RSE) curriculum. This is a statutory curriculum area which we are required to teach. At Green Ridge, we have adopted the 'Christopher Winters Project'. This gives us detailed lesson plans and resources to scaffold discussions in class about healthy relationships and will include some lessons on puberty. Details of the full curriculum content can be found in our *Relationship, Health and Sex Education Policy* [here](#). As per government recommendations we have adopted an age-appropriate relationships, sex education programme from Reception up to Year Six. This will consist of 3-4 sessions every year during the Summer Term.

We feel that it is important that parents/carers can support with any questions which may arise at home and work in partnership with the school to deliver a consistent message for the children in this sensitive but important curriculum area. We therefore are sharing the content of these sessions ahead of time so that you are fully informed.

The content of the curriculum from Reception – Year Four are linked into this letter below and outline exactly what is being covered. These content areas are fully compulsory as per the National Curriculum and support children with their basic understanding of parts of the body, changes in the body and relationships.

[Reception and KS1 RSE lesson content](#)

[Year 3 and 4 RSE Lesson content](#)

We will be delivering a face-to-face session for Year 5 and Year 6 parents/carers on **Wednesday, 21<sup>st</sup> May at 2.30pm** in the main hall to share the below presentation and answer any further questions about the content.

[Year 5 and 6 RSE Lesson content](#)

As per our *Relationship, Health and Sex Education Policy*, you have the right to withdraw your child from the optional parts of the RSE curriculum (two specific elements of the Year 5/6 curriculum which are outlined in the PowerPoint). Any requests to be withdrawn from non-statutory elements of sex education must be made in writing to the Headteacher at the earliest opportunity. A member of SLT will request to meet with the parent/carer to discuss their request to withdraw, to ensure that their wishes are understood, and to clarify the nature and purpose of

the curriculum: if appropriate, this discussion may also include a conversation with the pupil. Even if you withdrew your child in the previous academic year, we request that you again contact the school to exercise your right to withdraw.

If the school does not receive a request to withdraw then it will be presumed that the parent/carer allows their child to access these elements of the curriculum.

Thank you for your support with this.

Yours faithfully,



*Mr. Scott Harris*  
*PSHE Lead*