

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

22 APRIL, 12 MAY, 9 JUNE, 30 JUNE, 21 JULY

MAIN MEAL 1

Chicken Curry

Quorn Burger in a Bun 🍌

Roast Chicken with Sage & Onion Stuffing & Gravy

Pork Sausages with Gravy

Battered Fish Fillet

MAIN MEAL 2

All Day Breakfast 🍌 (Omelette, Grilled Tomato, Beans)

Beany Seashell Pasta 🌱

Cheesy Spring Vegetable & Potato Bake 🍌

Sweet & Sour Quorn 🍌

Cheese & Tomato Pizza 🍌

SIDE DISH

Brown & White Rice or Hash Brown

Potato Wedges or Herby Garlic Bread

Roast Potatoes or Wholemeal Pasta

Diced Potatoes or Brown & White Rice

Potato Wedges or Tricolour Pasta

COLD OPTION

Bread Roll with Various Fillings

EXTRA OPTION

Jacket Potato with Various Toppings

DESSERT

Tropical Crumble with Ice Cream 50% Fruit 🍌

Fresh Fruit Wedges 🌱

Fresh Fruit Jelly 50% Fruit 🌱

Chocolate Pastry Whirl 🍌🌱

Lemon Shortbread 🌱

WEEK 2

28 APRIL, 19 MAY, 16 JUNE, 7 JULY

MAIN MEAL 1

Bean & Cheese Slice 🍌

Chicken Pie with Gravy

Roast Beef with Gravy

Beef Burger in a Bun

Salmon & Sweet Potato Fishcake

MAIN MEAL 2

Macaroni Cheese 🍌

Mild Mexican Bean Chilli 🌱

Veggie Sausages with Gravy 🌱

Roasted Summer Veg Pasta 🌱

Cheese & Tomato Pizza 🍌

SIDE DISH

Diced Potatoes or Herby Garlic Bread

Potato Wedges or Brown & White Rice

Roast Potatoes or Wholemeal Pasta

Wholemeal Pasta or Diced Potatoes

Chips or Tricolour Pasta

COLD OPTION

Bread Roll with Various Fillings

EXTRA OPTION

Jacket Potato with Various Toppings

DESSERT

Apple Cornflake Crunch 50% Fruit 🍌🌱

Fresh Fruit Wedges 🌱

Fresh Fruit Jelly 50% Fruit 🌱

Jammy Cookie 🌱

Chocolate Muffin 🍌

WEEK 3

6 MAY, 2 JUNE, 23 JUNE, 14 JULY

MAIN MEAL 1

Chicken & Sweetcorn Meatballs with a Tomato Sauce

Beef Bolognese

Roast Pork with Sage & Onion Stuffing & Gravy

Quorn Hot Dog 🍌

Fish Fillet Fingers

MAIN MEAL 2

Breaded Bean & Vegetable Grill 🌱

Mild Sweet Potato & Chickpea Curry 🌱

Creamy Quorn & Sweetcorn Pasta Bake 🍌🌱

Roasted Veg Lasagne 🍌

Cheese & Tomato Pizza 🍌

SIDE DISH

Spaghetti or Diced Potatoes

Pasta or Brown & White Rice

Roast Potatoes or Wholemeal Pasta

Potato Wedges or Herby Garlic Bread

Chips or Tricolour Pasta

COLD OPTION

Bread Roll with Various Fillings

EXTRA OPTION

Jacket Potato with Various Toppings

DESSERT

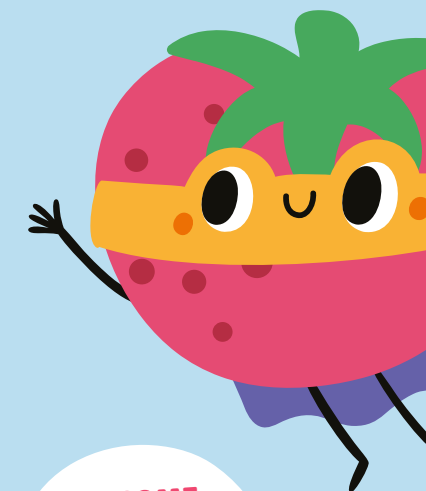
Strawberry Mousse 🍌

Fresh Fruit Wedges 🌱

Fresh Fruit Jelly 50% Fruit 🌱

Ice Cream with Chocolate Cookie "Wafer" 🍌

Pineapple Pastry Squares 50% Fruit 🍌🌱



BECOME A SUPER HEALTHY SUPER HERO!



SUPER CHARGE YOUR LUNCH!