



Green Ridge Primary Academy
RSE Year Three and Four Parent
Information Session

Science Curriculum

Majority of the mandatory sex education teaching falls within the Science Curriculum:

- **In Year 2**, children learn that animals, including humans, have offspring that grow into adults. They should be introduced to the concepts of reproduction and growth, but not how reproduction occurs.
- **In Year 5**, children are taught about the life cycles of humans and animals, including reproduction. They also learn about the changes that happen in humans from birth to old age. This includes learning what happens in puberty.

Primary *Relationships* Education



“The focus in primary school should be on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendship, family relationships, and relationships with other peers and adults.”

Relationships Education, Relationships and Sex Education (RSE) and Health Education

Statutory guidance for governing bodies, proprietors, head teachers, principals, senior leadership teams, teachers

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe



Primary *Health* education

Relationships Education, Relationships and Sex Education (RSE) and Health Education

Statutory guidance for governing bodies,
proprietors, head teachers, principals, senior
leadership teams, teachers

“The focus in primary school should be on teaching the characteristics of good physical health and mental wellbeing. Teachers should be clear that mental wellbeing is a normal part of daily life, in the same way as physical health.”

- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Drugs, alcohol and tobacco
- Health and prevention
- Basic first aid
- Changing adolescent body

What about sex education?

“The Relationships Education, RSE, and Health Education (England) Regulations 2019 have made Relationships Education compulsory in all primary schools from September 2019. Sex education is not compulsory in primary schools and content set out in this guidance therefore focuses on Relationships Educations.”

However...



“The Department continues to recommend that all primary schools should have a sex education programme tailored to the age and the physical and emotional maturity of the pupils. It should ensure that both boys and girls are prepared for the changes adolescence brings and – drawing on knowledge of the human life cycle set out in the national curriculum for science – how a baby is conceived and born...Teaching methods need to take account of the developmental differences of children.”

What is the School's response?

- The Christopher Winter Project has devised a programme of study that includes age-appropriate content from Reception up to Year Six.
- This approach means that children have a gradual introduction to topics across different year groups.
- Each year group would have 3 RSE sessions
- The lessons in Year Three and Year Four are compulsory as part of the National Curriculum



Year Three RSE curriculum – Lesson One

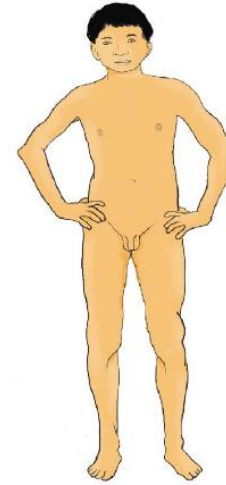
Learning Intention: To explore the differences between males and females and to name the body parts

- Know some differences and similarities between males and females
- Name male and female body parts using agreed words

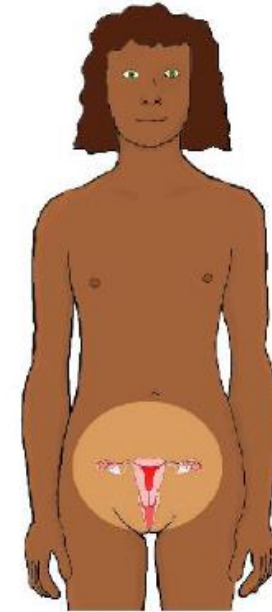
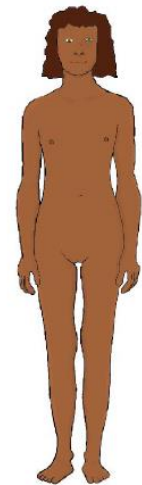
Example of resources for lesson one



Male



Female



Year Three RSE curriculum – Lesson Two

Learning Intention: To consider touch and to know that a person has the right to say what they like and dislike

- Identify different types of touch that people like and do not like
- Understand personal space
- Talk about ways of dealing with unwanted touch

Example of resources for lesson two

Problem 1

Dear Problem Page,

A boy at my school keeps pushing me over in the playground, he thinks that it is really funny but I don't. I told him to stop but he won't and he says if I tell someone I will be in trouble. What can I do?

J aged 8

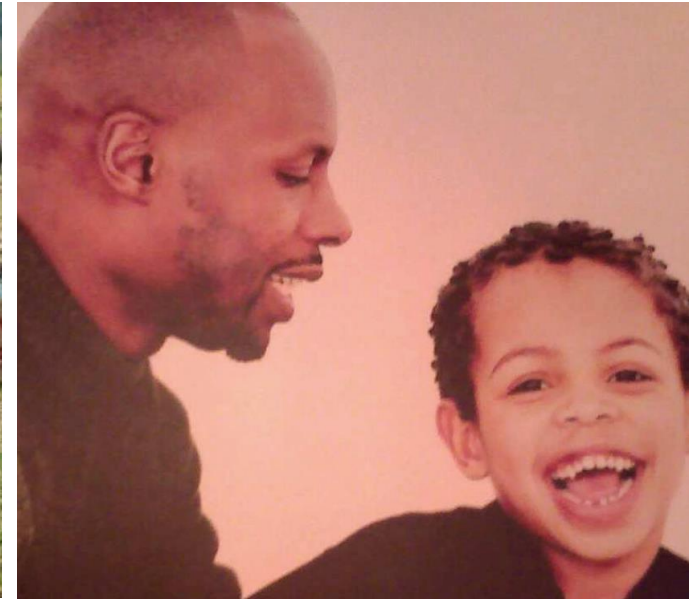
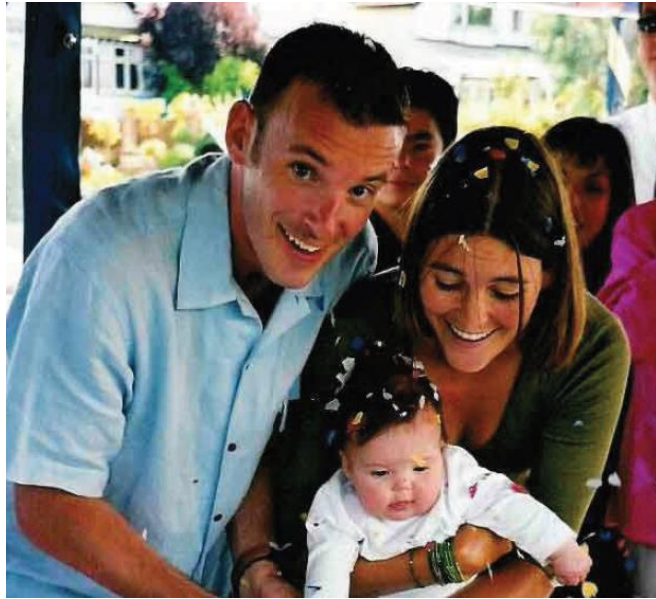
- We will use different objects like sandpaper, cotton wool and playdough to explore textures and discuss types of touch they like/dislike.
- We will use scenarios to discuss how we can deal with unwanted touch.

Year Three RSE curriculum – Lesson Three

Learning Intention: To explore different types of families and who to go to for help and support.

- Understand that all families are different and have different family members
- Identify who to go to for help and support

Example of resources for lesson three

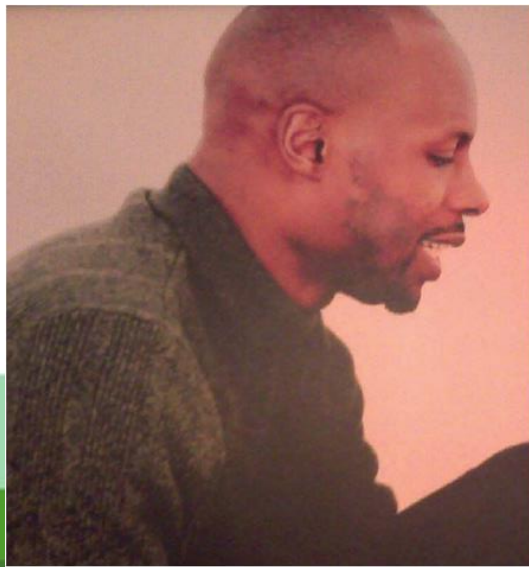


Year Four RSE curriculum – lesson one

Learning Intention: To explore the human lifecycle.

- Describe the main changes of the human lifecycle
- Describe the body changes that happen when a child grows up

Example of resources for lesson one

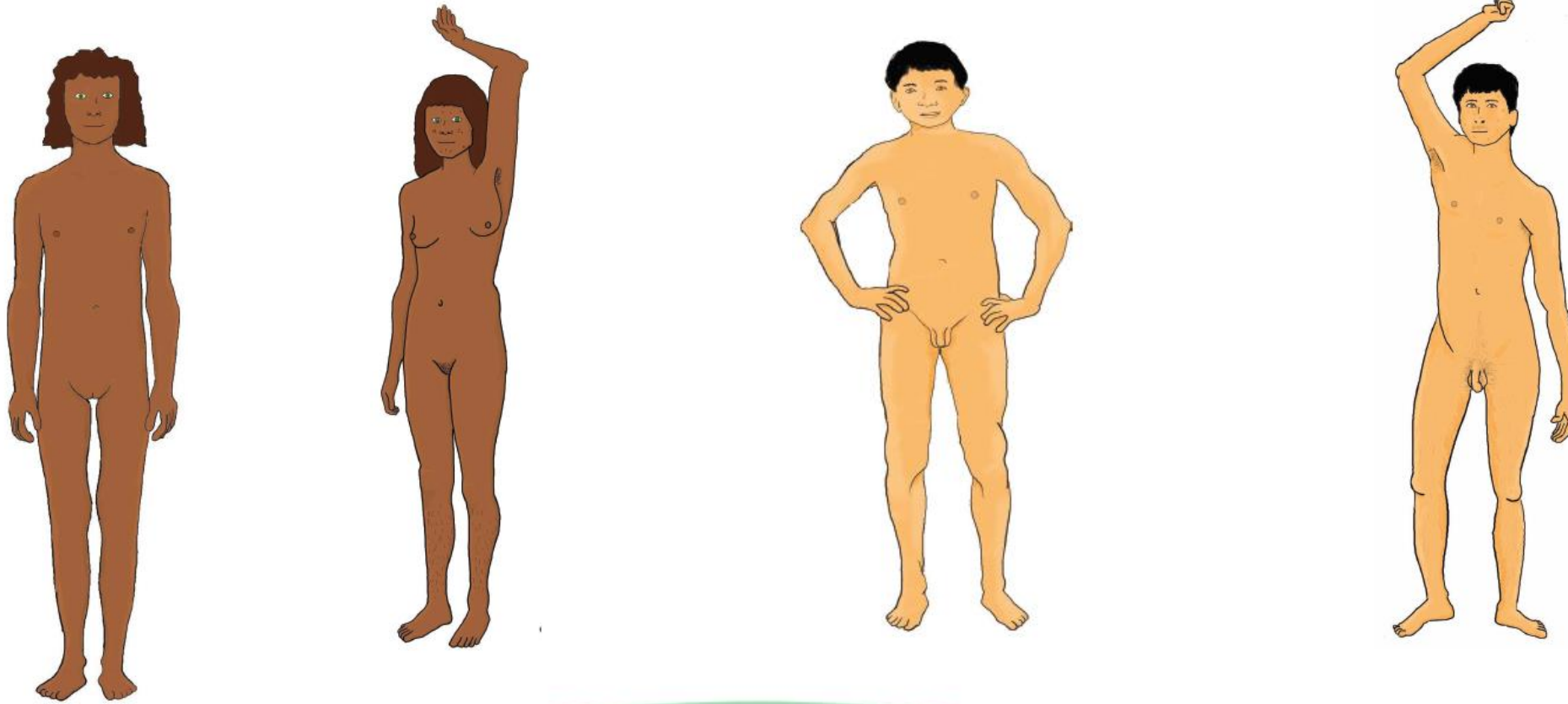


Year Four RSE curriculum – lesson two

Learning Intention: To identify some basic facts about puberty.

- The children will discuss male and female body parts using the agreed words
- The children will know some of the changes which happen to the body during puberty

Example of resources for lesson two



Body Parts Bingo Cards

Penis



Armpits



Womb



Fingers



Vulva



Nipples



Face



Testicles



Ears



Year Four RSE curriculum – lesson three

Learning Intention: To explore how puberty is linked to reproduction.

- The children will know about the physical and emotional changes that happen in puberty.
- The children will understand that children turn into adults so they are able to reproduce.
- The children will discuss some of the positives about getting older too.