


# Year 1 Safe Me

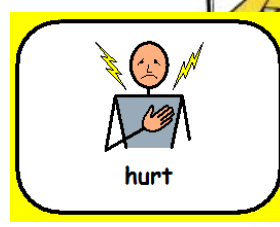
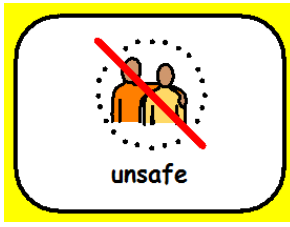
## Summer 1




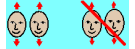


How can I be safe? 

What can I do when feeling unsafe? 

Key Vocabulary	Definition
safe	Protected from harm.
accident	An event that happens by chance and can be harmful.
unsafe	Dangerous to oneself or others; not protected from harm.
vaccination	To give a vaccine to help our immune system protect against the disease.
immunisation	Protection from a disease after vaccination.



Key Outcomes
I understand what <b>safety</b> means.
I know who are the <b>safe adults</b> in my community.
I know how to <b>respond safely</b> to adults.
I can ask for help when feeling <b>unsafe</b> .
I know how <b>medicine</b> and <b>vaccination</b> can help to keep me safe.
I show growing <b>resilience</b> when asking for help in different ways.

Key Skills
I can share views respectfully. 
I can agree and disagree respectfully. 
I know how to connect my ideas. 
I can give evidence and examples to prove my ideas. 

Who Can you turn to for help and Support?	
Parents or trusted family member	Helpline: 0808 800 5000 (24 hours, every day) <a href="https://www.nspcc.org.uk">https://www.nspcc.org.uk</a>
Your Doctor or Practice Nurse	Helpline: 0800 1111(24 hours, every day) <a href="https://www.childline.org.uk">https://www.childline.org.uk</a>
Teachers or School Staff	<a href="https://www.nhs.uk/live-well">https://www.nhs.uk/live-well</a>