

Year 1 My Family and Me



What makes me and my family special? ★

What communities do I belong to? How do I show respect to others who are different to me?

Key Vocabulary	Definition
private	Personal and not to be shared, unless allowed.
similarity	To be alike others in some ways.
difference	To be different to others in some ways.
gender	The sex (male or female) of an animal or person.
community	A group of people who live close together or share similar interests.



similarity

difference

private

community

Key Outcomes
I know what makes me and others special .
I can compare similarities and differences between me and others.
I understand and respect that there are different types of families .
I can explain how different people care for me.
I can name different parts of my body .
I can differentiate between male and female using the correct vocabulary.
I know who to talk to when I am worried about anything.

Key Skills
I can share views respectfully.
I can agree and disagree respectfully.
I know how to connect my ideas.
I can give evidence and examples to prove my ideas.

Who Can you turn to for help and Support?	
Parents or trusted family member	Helpline: 0808 800 5000 (24 hours, every day) https://www.nspcc.org.uk
Your Doctor or Practice Nurse	Helpline: 0800 1111(24 hours, every day) https://www.childline.org.uk
Teachers or School Staff	https://www.nhs.uk/live-well