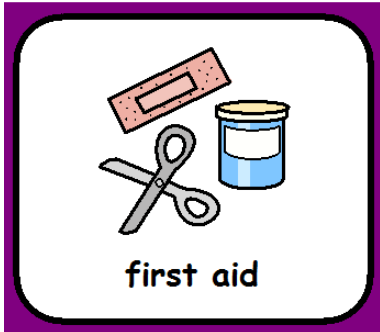


Year 5 First Aid and Head Injuries

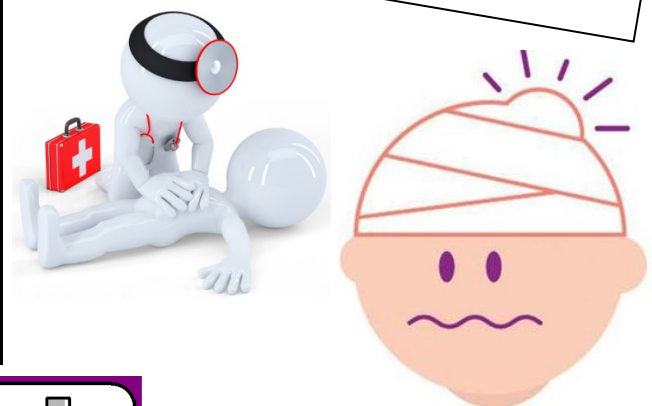
Spring 2



Are head injuries dangerous?



How to perform simple first aid?

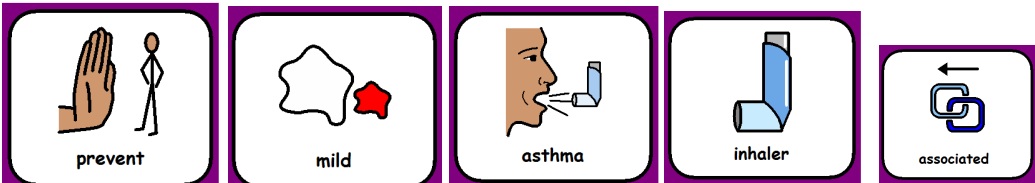



Key Outcomes
I know how to provide basic first aid, including head injuries.
I know respond to an asthma attack.
I know how to seek help and use 999.
(Recap first aid from year 3)

Key Vocabulary	Definition
resuscitate	To bring back from the apparent death or unconsciousness.
associate	To connect with something else in one's mind.
prevent	To keep or stop from happening.
mild	Not harsh or extreme.
severe	Very strong, extreme or terrible.
inhaler	A devise used to breath medicine into the lungs.
asthma	A disease of the lungs that makes it difficult to breath.



Key Skills
I can evaluate own evidence offered and that offered by others.
I can air feelings in a way that supports the enquiry.
I know how to encourage others to contribute to the enquiry.
I know how to show appreciation for the comments of others.
I am able to question peers to support the enquiry.
I can evaluate in some detail the range of possibilities.



Who Can you turn to for help and Support?	
Parents or trusted family member	Helpline: 0808 800 5000 (24 hours, every day) https://www.nspcc.org.uk
Your Doctor or Practice Nurse	Helpline: 0800 1111(24 hours, every day) https://www.childline.org.uk
Teachers or School Staff	https://www.nhs.uk/live-well