

# Green Ridge Primary Academy

## School Travel Plan



### Summer Term 2020

May 2020 –  
Issue 1

Welcome to Green Ridge's first ever School Travel Plan Newsletter! We have decided to keep you up to date with all the work and initiatives that link to active, safe and sustainable travel.

#### What is the School Travel Plan?

The main aim of a School Travel Plan (STP) is to reduce single occupancy car use on the school journey, by promoting and encouraging safe and sustainable travel. Increasing sustainable travel helps to reduce congestion and pollution, as well as improving the health and fitness of children.

At Green Ridge, we would like to reduce the number of cars coming to school as there are parking issues already. This will only get worse with more families joining Green Ridge, therefore, there will be less places to park. This is a pro-active step to help us over the coming years.

Even though we are not able to keep to our planned initiatives in school we thought that it would be a good idea to highlight some of the things that you can be doing at home to support the STP. These could be extra activities as part of your home learning or activities that can be enjoyed during your time in the garden or outside.

You could use this time to promote the importance of the **Green Cross Code** to your children. If you go out on a daily walk/scoot/cycle have a go at making a point of practising safer crossing skills.

This website has some good ideas: [roadwise.co.uk/schools/using-the-road/green-cross-code/](https://www.roadwise.co.uk/schools/using-the-road/green-cross-code/).

Please follow the Government guidance on social distancing if you decide to carry any of these activities out.

[Click here](#) for a link to a scavenger hunt which could be carried out during your designated hour of exercise a day.



Give children opportunities where possible to practise their cycling or scooting skills. British Cycling has launched a Daily Activity Calendar. They are suitable for children from as young as 18 months to eight years old, and many can be done without a bike – making them perfect for indoor play.

HSBC UK Ready Set Ride is split into three stages (Prepare 2 Ride, Balance and Pedals) which provide families with all they need to support children to start cycling. [Click here](#) for the link to this website.

Miss Lazarou would love to see if you have completed any of these activities! Please email your class teacher on their home learning email or via Tapestry with anything you would like her to see.

Discuss **bike and scooter maintenance** with your child and support them to maintain their own bike or scooter. Encourage children to wash their bike or scooter too! Here is a link to support you with this:

<https://www.youtube.com/watch?v=e7blAQevmis>

Discuss the importance of **always wearing a helmet** and how this keeps them safe.