

President Road | Aylesbury | Buckinghamshire | HP18 0YA Tel: 01296 326320 | e-mail: admin@greenridgeacademy.co.uk Website: www.greenridgeacademy.co.uk | Twitter: @GreenRidgeR2

Headteacher: Mr. Aaron Wanford MA, B.Ed. (Hons), NPQH

Wednesday, 12th January 2022

COVID Warn and Inform – Advice to all parents & carers

Dear Parents/Carers.

As you will be aware, since the return to school last week we have been watching the numbers of COVID cases carefully across the school. Although case numbers are generally still low across the school and minimal in most classes, we technically have sufficient numbers to confirm an 'outbreak', and as such we wanted **to** reshare this letter with you. The school continues to take precautionary measures to limit the spread, such as ensuring good ventilation and utilising outdoor spaces where and if possible.

We know that you may find this concerning, but we are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

The school setting remains open, and your child should continue to attend as normal if they remain well.

What to do if your child develops symptoms of coronavirus (COVID-19) or tests positive for COVID-19

If your child develops symptoms of coronavirus (COVID-19), they should get a PCR test and remain at home at least until the result is known. If negative, the child can end self-isolation; if positive, the child should isolate until at least 10 days after their symptoms appeared. Symptoms of coronavirus (COVID-19) are a new, continuous cough, or a high temperature, or a loss of, or change in, their normal sense of taste or smell (anosmia). If the child has a positive test result but do not have <u>symptoms</u>, they should stay at home and self-isolate for 10 days from the date the positive test was taken. This isolation period will be extended if they go on to develop symptoms by counting 10 full days from the day following their symptom onset. Anyone with symptoms will be eligible for a PCR test (the normally available test type) and this can be arranged via <u>Get a free PCR test to check if you have coronavirus (COVID-19) - GOV.UK (www.gov.uk)</u> or by calling 119.

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at https://111.nhs.uk/ or by phoning 111.

How to stop coronavirus (COVID-19) spreading



There are things you can do to help reduce the risk of you and anyone you live with getting ill with coronavirus (COVID-19):

- get vaccinated everyone aged 18 and over can <u>book COVID-19 vaccination</u> <u>appointments</u> now and 16-17 year olds are being offered 1 dose of the vaccination by 23 August
- wash your hands with soap and water or use hand sanitiser regularly throughout the day
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards
- meet people outside and avoid crowded areas
- open doors and windows to let in fresh air if meeting people inside
- wear a face covering if aged 11 and over when it's hard to stay away from other people particularly indoors or in crowded places
- participate in twice weekly LFD testing following national guidelines (recommended for 11 years and over). We encourage you to log your results here: https://www.gov.uk/log-test-site-covid19-results

Further Information

Further information is available at https://www.nhs.uk/conditions/coronavirus-covid-19/

Many thanks for your help in reducing the transmission of COVID-19.

Yours faithfully,

Mr. Aaron Wanford Headteacher

A. A. Warfoul.

