

Find out  
more at:  
[www.hcl.co.uk](http://www.hcl.co.uk)

## Would you like to join our team?

All our vacancies are advertised on our website at [www.hcl.co.uk](http://www.hcl.co.uk), simply click the 'Careers' tab to:

- Search for jobs by school, location or role
- Complete an on-line application, a quick and easy process
- Check on the status of your application

When you find a vacancy you'd like to apply for or if you are logging in for the first time, you will need to create a secure candidate account. From your account, you will be able to update your personal details, apply for multiple vacancies and track the progress of each application. Good luck!



## HCL's Sugarwise Accreditation

HCL is proud to have been awarded the SUGARWISE accreditation, which means we provide options that are low in "free sugars" and gives assurance to parents and teachers that there are no more than 5.7g of free sugars per portion or 28.5g per week.

Whenever you see the SUGARWISE logo you can be assured the product or service has undergone stringent assessment and any sugar related claims are verified.



Being SUGARWISE certified means that we can promise our menus are able to provide low in "free sugar" options for our schools.

Free sugars are sugars that are added to recipes and food, unlike naturally occurring sugars that we get from whole fruit, vegetables and milk. These free sugars need to be limited in our daily diet and are the main contributors to childhood obesity and tooth decay.

*Fresh fruit and a choice of desserts are available daily*



## What does HCL's Website offer you?

### Need to apply for a Special Menu?

Go to the HCL Homepage [www.hcl.co.uk](http://www.hcl.co.uk) and follow the Allergies tab to find out more about HCL's cultural, lifestyle or allergy menus. The application process is a quick, easy and secure way to receive one of HCL's specially designed menus. Once you've created your secure HCL menu account, it's easy to update it with additional information, to advise that your child no longer requires a special menu or that they have moved to a new school.



### Want to find your child's school menu?

Just go to [www.hcl.co.uk](http://www.hcl.co.uk) and start to type in your child's school in the school search box. (tip: If your child's school starts with St., e.g. St. Mary, leave St. out to get a speedier response). Our super predictive text facility will assist you to link to the right school menu page (please ensure you have selected the correct school) and you can view or download your child's menu at any time.

Don't forget to rate/vote for your child's favourite dishes, using our thumb symbols 👍👎

We use pictures to help children identify items on the menu and you can easily see either the daily option or the menu for the whole week. Our website is fully mobile too so save it to your mobile phone so you can check out what's for lunch at any time.

### Need to contact HCL?



HCLcatering



@HCLcatering

Get in touch with our team; we'd love to hear from you!

HCL's contact page is the easiest way to connect with the HCL team. Our Contact Form is an easy way to provide a direct connection. Whether you're asking about nutritional information, want the recipe for your child's favourite dish or you are enquiring about a specific issue. We welcome your contact and feedback. Just hit the Contact link on the Homepage [www.hcl.co.uk](http://www.hcl.co.uk), complete the form and we'll get back to you.



Discover  
more at:  
[www.hcl.co.uk](http://www.hcl.co.uk)



## Menu Week One

Served Week Commencing:

1st November • 22nd November • 13th December • 5th January • 24th January • 21st February • 14th March

### Monday

Pork Sausages  
with Gravy  
Quorn Pattie in a Bun **V**  
with Diced Potatoes

Jacket Potato  
with various toppings

Chilled Option:  
Cheese Sandwich

### Tuesday

Lamb Slice  
Macaroni Cheese  
with Garlic Bread **V**  
with Creamed Potatoes

Jacket Potato  
with various toppings

Chilled Option:  
Chicken Mayo Wrap

### Wednesday

Roast Beef  
with Yorkshire Pudding  
Veggie 'Meat-Free Balls'  
in Gravy **V**

with Roast Potatoes  
or Wholemeal Pasta

Jacket Potato  
with various toppings

Chilled Option:  
Tuna Baguette

### Thursday

Chicken Deli Wrap  
with Rice  
Italian Pasta Bake **V**  
with Mixed Salad

Jacket Potato  
with various toppings

Chilled Option:  
Ham Flatbread

### Friday

Battered Fish Fillet  
Cheese and Tomato Pizza **V**  
with Potato Wedges  
or Wholemeal Pasta

Jacket Potato  
with various toppings

Chilled Option:  
Egg Roll

## Menu Week Two

Served Week Commencing:

8th November • 29th November • 20th December • 10th January • 31st January • 28th February • 21st March

### Monday

Beef Burger in a Bun  
Beany Bolognese **V**  
with Potato Wedges  
or Brown and White Rice

Jacket Potato  
with various toppings

Chilled Option:  
Cheese Sandwich

### Tuesday

Creamy Chicken Pasta  
with Garlic Bread  
Quorn Hot Dog **V**  
with Diced Potatoes

Jacket Potato  
with various toppings

Chilled Option:  
Chicken Mayo Wrap

### Wednesday

Roast Chicken  
with Stuffing  
Crispy Topped  
Vegetarian Pie **V**

with Roast Potatoes or Pasta

Jacket Potato  
with various toppings

Chilled Option:  
Tuna Baguette

### Thursday

Organic Beef Lasagne  
with Herby Bread  
Cheese Pinwheel **V**  
with Potato Wedges

Jacket Potato  
with various toppings

Chilled Option:  
Ham Flatbread

### Friday

Salmon Fish Fingers  
Cheese and Tomato Pizza **V**  
with Low Fat Chips  
or Wholemeal Pasta

Jacket Potato  
with various toppings

Chilled Option:  
Egg Roll

Gravy and Custard are always available  
separately when on the menu

## Menu Week Three

Served Week Commencing:

15th November • 6th December • 17th January • 7th February • 7th March • 28th March

### Monday

Chicken and Sweetcorn  
Meatballs with Tomato Sauce  
Tortilla Stack **V**  
with Tri-colour pasta

Jacket Potato  
with various toppings

Chilled Option:  
Cheese Sandwich

### Tuesday

Organic Beef Bolognese  
Cheese and Leek Slice **V**  
with Diced Potatoes  
or Wholemeal Pasta

Jacket Potato  
with various toppings

Chilled Option:  
Chicken Mayo Wrap

### Wednesday

Roast Pork Loin  
with Stuffing  
Quorn Fillet **V**  
with Roast Potatoes or Pasta

Jacket Potato  
with various toppings

Chilled Option:  
Tuna Baguette

### Thursday

Chicken Pie  
Sticky Vegetarian  
Sausages **V**  
with Creamed Potatoes or  
Brown and White Vegetable Rice

Jacket Potato  
with various toppings

Chilled Option:  
Ham Flatbread

### Friday

Fish Fillet Fingers  
Cheese and Tomato Pizza **V**  
with Low Fat Chips  
or Wholemeal Pasta

Jacket Potato  
with various toppings

Chilled Option:  
Egg Roll

Freshly baked wholemeal bread, seasonal vegetables  
and bowl salads are available daily