

Knowing Me, Knowing You

Glossary

Term	Definition
Same	Things that match.
Different	Things that are not the same.
Compare	What is the same? What is different?
Rules	Things that have to follow to keep us safe.
Consequence	What happens if you break a rule.
Curious	Wanting to know more about something.
Courageous	Has a go, even though it may not be right. Being brave.
Resilient	Staying positive, even when things are tricky.
Healthy	Being fit and active and eating properly.
Balanced Diet	A variety of foods to give our body what it needs.
Muscle	The parts of our body that helps us move.
Hydrate	Making sure our body has enough water.
Exercise	Physical activity that keeps your body healthy.



Key Texts:

- Owl Babies
- We're Going on a Bear Hunt
- The Jolly Postman
- Twas the Night Before Christmas
- Goodnight Moon
- Shhh



Powerful Knowledge

Class Rules and Expectations	<ul style="list-style-type: none"> • Good sitting and good listening • Responding to the register • Saying please and thank you • Being kind • Good sharing • Patience – using adults/children's name • Learning their carpet spaces
School Rules/ Golden Rules	<p>At Green Ridge, we will:</p> <ul style="list-style-type: none"> • Use kind words and actions • Listen to one another • Try our best • Proud walking to the left of the corridor • Using a knife and fork at lunchtime
Makaton	<ul style="list-style-type: none"> • Good morning, good afternoon • Please, thank you • Hello, goodbye • Happy, sad • Lunch colours – red, green, yellow, white • Boy, girl • Big, small
House System	<ul style="list-style-type: none"> • Redgrave – named after Sir Steve Redgrave, who is an Olympic rower. • Austin – named after Herbert Austin, who invented the make of the car. • Disraeli – named after Benjamin Disraeli, who was a Prime Minister. • Pratchett – named after Terry Pratchett, who was a children's author.
Families	<ul style="list-style-type: none"> • Every family is unique – different family combinations • Where we come from • Living in different houses • It's okay to be different!

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Connectivity



Prior learning

- Baseline—assess what facts the children already know before starting the topic
- Planning—Based on moving the learning on from individual starting points

Current learning

- What makes me special and why?
- What makes a family?
- Who are my family members?
- How are our families different and the same?
- What is important to me and why?
- How can I get to know my classmates?
- What food do we eat at home?
- What does it mean to be healthy?
- What do our bodies need to be healthy?

Further Learning

- Year 1—Who Am I?
- Year 2—Healthy Me
- Year 3—Food and Our bodies
- Year 5—Let's Get Moving

Area of Learning	ELG
Personal, Social and Emotional	<p>They are confident to try new activities, and say why they like some activities more than others</p> <p>They are confident to speak in a familiar group, will talk about their ideas, and will choose the resources they need for their chosen activities.</p> <p>They say when they do or don't need help.</p> <p>They work as part of a group or class, and understand and follow the rules.</p> <p>They adjust their behaviour to different situations, and take changes of routine in their stride.</p> <p>Children play cooperatively, taking turns with others.</p> <p>They show sensitivity to others' needs and feelings, and form positive relationships with adults and other children.</p>
Physical Development	<p>Children show good control and co-ordination in large and small movements. 57 They move confidently in a range of ways, safely negotiating space.</p> <p>Children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe.</p> <p>They manage their own basic hygiene and personal needs successfully, including dressing and going to the toilet independently.</p>
Understanding the World	<p>Children talk about past and present events in their own lives and in the lives of family members.</p> <p>They know that other children don't always enjoy the same things, and are sensitive to this.</p> <p>They know about similarities and differences between themselves and others, and among families, communities and traditions.</p>



Use of this document

Reach2 would like to acknowledge that the pictures and information contained in this knowledge organiser have been sourced from a variety of websites and did not produce the original content but did in fact put it together to form a topic overview and support for teachers.

Websites used include (although, this is not an extensive list):

- Google images
- TES
- Twinkl
- <https://www.rlss.org.uk/Pages/Category/water-safety-information>
- <https://lifeliveit.redcross.org.uk/>
- https://www.safety4kids.com.au/safety-zone_stranger-danger