



President Road | Aylesbury | Buckinghamshire | HP18 0YA
 Tel: 01296 326320 | e-mail: admin@greenridgeacademy.co.uk
 Website: www.greenridgeacademy.co.uk | Twitter: @GreenRidgeR2

Headteacher: Mr. Aaron Wanford MA, B.Ed. (Hons), NPQH

Thursday, 25th June 2020

Relationships and Sex Education

Dear Parents and Carers,

From September 2020, all schools will be adopting the statutory curriculum outlined in the Relationships and Sex Education (RSE) and Health Education document. This means that all schools will have a statutory duty to teach relationship and health education this will include some lessons on puberty. Details for this content can be found in our *Relationship, Health and Sex Education Policy* [here](#). As per government recommendations, we will also be teaching an age appropriate sex education curriculum from Reception up to Year Six. This will consist of 3-4 sessions every year during the Summer term.

As part of the consultation process to the launch of the RSE curriculum ahead of the new academic year, I met with the Parent Forum in March to outline what was going to be taught and when. This is in addition to the Relationships and Health lessons the children will be taught as part of the PSHE curriculum. The sex education curriculum content is outlined below:

Year Group	Lesson Content	Key Vocabulary
Reception	<p>Our Lives</p> <ul style="list-style-type: none"> To consider the routines and patterns of a typical day Understand some areas in which the children can look after themselves e.g. dressing and undressing To understand why hygiene is important Explain why it is important to keep clean Understand some basic hygiene routines To recognise that all families are different Identify different members of the family Understand how members of a family can help each other 	<p>Dress, undress, clean, smelly, flannel, sponge, towel, hands, toothpaste, hairbrush, comb, family, mum, dad, brother, sister, grandma, grandad, step-mum, step-dad</p>

Year Group	Lesson Content	Key Vocabulary
Year One	<p>Growing and Caring for Ourselves</p> <ul style="list-style-type: none"> • the importance of and how to maintain personal hygiene • about the process of growing from young to old and how people's needs change • the names for the main parts of the body (including external genitalia) the similarities and differences between boys and girls • about people who look after them, their family networks, who to go to if they are worried and how to attract their attention, ways that pupils can help these people to look after them 	Clean, similar, different, family, boy, girl, male, female, private parts, penis, vagina
Year Two	<p>Differences</p> <ul style="list-style-type: none"> • about the process of growing from young to old and how people's needs change • the names for the main parts of the body (including external genitalia) the similarities and differences between boys and girls • notice that animals, including humans, have offspring which grow into adults 	Similar, different, sex, gender roles, stereotypes, boy, girl, male, female, private parts, penis, vagina
Year Three	<p>Valuing Difference and Keeping Safe</p> <ul style="list-style-type: none"> • the names for the main parts of the body (including external genitalia) the similarities and differences between boys and girls • to recognise when and how to ask for help and use basic techniques for resisting pressure to do something dangerous, unhealthy, that makes them uncomfortable, anxious or that they believe to be wrong • to be aware of different types of relationship, including those between friends and families, civil partnerships and marriage • to judge what kind of physical contact is acceptable or unacceptable and how to respond 	Stereotypes, gender roles, similar, different, male, female, private parts, penis, testicles, vagina, womb, family, fostering, adoption, relationship
Year Four	<p>Growing Up</p> <ul style="list-style-type: none"> • how their body will, and emotions may, change as they approach and move through puberty • to recognise that they may experience conflicting emotions and when they might need to listen to their emotions or overcome them • about human reproduction 	Puberty, lifecycle, reproduction, physical, breasts, sperm, egg, pubic hair, emotional, feelings

Year Group	Lesson Content	Key Vocabulary
Year Five	<p>Puberty</p> <ul style="list-style-type: none"> • how their body will, and emotions may, change as they approach and move through puberty • to recognise that they may experience conflicting emotions and when they might need to listen to their emotions or overcome them • to feel confident to raise their own concerns, to recognise and care about other people's feelings • describe the changes as humans develop to old age 	<p>Puberty, physical changes, emotional changes, moods, menstruation, periods, tampons, sanitary towels, wet dreams, semen, erection, sweat, breasts, spots, pubic hair, facial hair, underarm hair, sexual feelings</p>
Year Six	<p>Puberty, relationships and reproduction</p> <ul style="list-style-type: none"> • how their body will, and emotions may, change as they approach and move through puberty • about human reproduction • the importance of protecting personal information, including passwords, addresses and the distribution of images of themselves and others • to be aware of different types of relationship, including those between friends and families, civil partnerships and marriage • to recognise what constitutes positive healthy relationships and develop the skills to form them 	<p>Womb, sperm, egg, conception, fertilisation, pregnancy, sexual intercourse, twins, fostering, adoption, relationship, friendship, love, consent, intimacy, communication, personal/private information, internet safety</p>

It should be noted that the above information is the additional sex education curriculum that will be taught to better prepare the children in their understanding of sex but it also links to their understanding of health and relationships.

As per our, *Relationship, Health and Sex Education Policy*, which can be found on the school website [here](#), you have the right to withdraw your child from these lessons if you choose to, *if they are non-statutory*. Any requests to be withdrawn from non-statutory sex education must be made in writing to the Headteacher at the earliest opportunity.

Any such request will automatically be granted, but the Headteacher/a member of SLT will request to meet with the parent/carer to discuss their request, to ensure that their wishes are understood, and to clarify the nature and purpose of the curriculum; if appropriate, this discussion may also include a conversation with the pupil. If the school does not receive a request to withdraw then it will be presumed that the parent/carer allows their child to access these elements of the curriculum.

If you have any further questions about the new RSE curriculum, please do not hesitate to get in contact with myself or your child's class teacher.

Thank you for your continued support,

Yours faithfully,



Mr. Sean English
Deputy Headteacher