## Useful eSafety Information for Parents

**Apple – the way to secure your phone is to follow the instructions from Apple to restrict its use**

➢ https://support.apple.com/en-gb/HT201304

**Android – Play Store downloads**

Dinner Time Plus – third party app which lets parents remotely control children's devices

➢ https://play.google.com/store/apps/details?id=com.zerodesktop.appdetox.dinnertimeplus
➢ or https://tinyurl.com/dinnertimeplus

Family Link – a Google app which allows users of Android 7.0 or higher devices to regulate the use of their children's devices

➢ https://families.google.com/familylink/

## Links and resources

- Barnardo's: Child Safety On The Internet
- Childnet: Internet Safety for Young People
- CEOP: Internet Safety
- Kidsmart: Support For Children, Parents & Professionals
- ThinkUKnow: CEOP Centre For Internet Safety
- UK Safer Internet Centre
- NSPCC NetAware: Website Information For Parents
- Parent Zone: Information for a Digital Family Life
- Parent Port: Make a Complaint
- Internet Matters – can help you to set up your devices safely
- PEGI – Pan European Game Information – age restrictions, parental controls

## Are you worried about online sexual abuse or the way someone has been communicating online?

Contact the police directly on 101 or create a report using www.ceop.police.uk for less urgent cases.