GREEN RIDGE
PRIMARY ACADEMY

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Thursday, 11th October 2018

## Speak Out, Stay Safe Programme

Dear Parents and Carers,

The NSPCC's *Speak out. Stay safe.* Programme is visiting our school to make sure our pupils have the knowledge and understanding they need to stay safe from abuse.

I am pleased to tell you that we will be working with the NSPCC, the UK's leading children's charity, who will be delivering their *Speak out. Stay safe.* Programme on Tuesday, 6th November. This is a nationwide programme for every primary-school-aged child in the UK and Channel Islands. With the help of their friendly mascot Buddy, they will be presenting an assembly and workshop to the children in our school.

*"NSPCC has helped me to build the confidence to tell people about my worries and problems."*
*Child's feedback*

### What is the *Speak out, Stay Safe.* Programme?

Through child-friendly, interactive assemblies and workshops their specially trained staff and volunteers will give our children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and sexual abuse, without using scary words or adult language.

I have personally given this programme to all pupils in previous schools I have worked in and we have studied the content of the materials and are extremely confident that they are appropriate for primary-school-aged children. By the end of their visit, we're convinced children will feel empowered – knowing how they can speak out and stay safe.

*"This service provides important information in a child-friendly way – it should be made mandatory in all schools. A brilliant service!"*

*Teacher, Wistaston Primary, Crewe*

If you would like any more information about the NSPCC *Speak out, Stay safe* Programme, we are running a parent/carer information session which will include all the resources we are sharing with your children, including how you can support at home. This will be run on **Tuesday, 6th November at 2.00pm in the hall**. We would encourage as many parents/carers as possible to attend this extremely worthwhile session. You can also find some frequently asked questions on the NSPCC website nspcc.org.uk/schools or please come and speak to one of the staff about the programme.

### Talking about the Underwear Rule with your children

The NSPCC's work in schools will help encourage conversations about staying safe – and they have a number of child-friendly materials to help you carry on the conversation afterwards. That

includes 'The Underwear Rule', a simple way for parents to help keep children safe from sexual abuse – without using scary words or even mentioning sex.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can also find out more and download the free resources at nspcc.org.uk/pants
If you'd like to know more about the NSPCC's work or take a look at the wide range of information and advice which is available for parents and carers, please visit their website nspcc.org.uk/preventing-abuse/keeping-children-safe/

Yours faithfully,

*Mr. Aaron Wanford*
Headteacher

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**Speak Out, Stay Safe Programme – Tuesday, 6th November 2018**

Name of child ..... Class .....

*Please tick as appropriate:*

☐ I **will be** attending the parent/carer information session at 2.00pm on the 6th November.

☐ I am **unable** to attend the parent/carer information session/

Parent/carer signature .....