DREAMS & GOALS

Jigsaw Jaz's Journey

How can I overcome obstacles when working towards a goal?



I will learn about...

- hopes, dreams and goals
- resilience and positive attitudes
- disappointment and setbacks
- ways to cope and move forward
- planning new goals
- working in a group
- steps needed to achieve success
- celebrating achievements

I will explore...

- feelings linked to hopes and dreams
- responses to disappointment
- the value of resilience
- setting new goals
- teamwork and group challenges
- effort and perseverance
- recognising contributions and sharing success

determination
resilience
self-belief
commitment
perseverance
courage

proud
motivated
inspired
determined
disappointment
anxious
cope

problem-solve
roles
leader
risk
safety

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How can reflecting help someone improve next time?

Why is it useful to think about what went well and what did not go so well?

My Thinking Pad

What have I learnt in this puzzle that helps me to reach my dreams and goals?

Being resilient means...

Having a positive attitude includes...

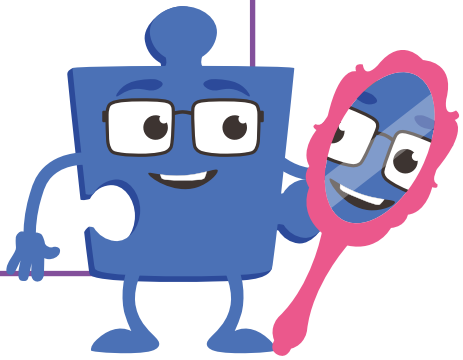
I can plan and set new goals after a disappointment by...

Looking back at my journey

Something important I learned...

I feel proud that...

A question I still have is...



How can being resilient and having a positive attitude help a person to succeed?

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