Y1 Science Knowledge Organiser – Growing and Cooking

Vocabulary

Plant	A living thing that usually grows in soil
Cook	Using heat to prepare food
Sustainable	Using things like food, water, and energy in a way that everyone can enjoy them now and in the future
Food	Something you can eat



Allergy	When someone cannot eat a certain food.

- **crops** – plants which are grown for food



- **fruit** – a part of a plant that can be eaten, and contains seeds



- **vegetable** – a part of a plant that can be eaten, such as a stem, root or leaf

- **seed** – a part of a plant that can grow into a new plant



- **farmer** – a person who grows crops



Types of food







